

2026 Lesson Times

The school will be open and accessible to students from 8:15am.

	Monday, Tuesday, Thursday & Friday	Wednesday
Connect	8:45am to 9:00am	Professional Learning Communities (8:40am to 9:55am)
Lesson 1	9:00am to 9:40am	
Lesson 2	9:40am to 10:20am	
Lesson 3	10:20am to 11:00am	10:05am to 10:20am (Connect)
Recess	11:00am to 11:30am	Lesson 4 11:00am to 11:40am
Lesson 4	11:30am to 12:10pm	Recess 11:40am to 12:10pm
Lesson 5	12:10pm to 12:50pm	
Lesson 6	12:50pm to 1:30pm	
Lunch	1:30pm to 2:00pm	
Lesson 7	2:00pm to 2:40pm	
Lesson 8	2:40pm to 3:20pm	

WEDNESDAY MORNING: PROFESSIONAL LEARNING COMMUNITIES

On Wednesday mornings, Norwood International High School staff participate in professional development through a structured Professional Learning Communities.